

## Book Review

### INCONSCI, COSCIENZA E DESIDERIO

#### L'incertezza in Psicoanalisi

By Giuseppe Craparo

Ed. Carocci, 2015

The book by Dr. Craparo is a reflection on the unconscious and the contemporary psychoanalysis in the field of Psychopathology and Mental Health. For these reasons, it offers a reading perspective of the work in clinical psychology, that follows lines of research on complex issues such as error, consciousness, uncertainty and trauma. The originality of the text resides in the possible integrated interpretation of these aspects, sometimes seen in the clinical theory light: divided and treated independently but well integrated into clinical work, both in the evolutionary perspective (in connection to the Theory of Attachment and the Infant Research) but also in structural approaches the unconscious (for example Lacan).

The question of Unconscious, today, is articulated in a complex approach towards the individual in a view that cannot ignore the contemporary psychopathology signs.

The Author takes us back to a basic reading of this historical concept of depth psychology, that marks the core of our being in a psychological sense and therefore cannot be sterilized to mere phenomenological representation. The scientific perspective that crosses this text, the epistemology, in fact, consists in the complexity, in particular, is marked by the size of the

uncertainty, of not expected, the non-calculable, of the guarantee absence. This dimension pervades our lives as clinics and patients lives and become part of the analytic setting.

The size of the uncertainty cannot therefore be ignored. Psychopathology emerging today, can be track down in the area of personological phenomena related to existential malaise in front of the unknown. The Author in this book invites us to deepen in the reading of the “unrepressed”, that is real lives, and this is configured in the individual traumatic constellation, identifying new frontiers for the contemporary practitioner.

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