

EDITORIAL

Body Issue: Clinical and Epistemology

Salvatore Settineri
University of Messina, Italy

The opening of the first issue of the year 2016 is a reflection on the theme given by the 4th talk of the “Réseau International des Méthodes Projectives et Psychanalyse”, which was held in Lyon on 7 and 8 April 2016. The conference was dedicated to the theme of the body, one of the focus of clinical psychology and psychosomatic, as Freud argued at the onset of the Psychoanalytic Theory.

The exploration of clinical forms in psychopathology, allows for reflection on the experience of illness, especially in chronic and disabling forms. These clinics configurations, need psychological support and scientific studies show that the mentalizing and aspects of resilience have an important role.

The resilience in fact, in an observation, not only cognitive, refer to the Marty P. psychoanalyst which has demonstrated that, for a given disease, the prognosis is different and therefore also the fate of the disease.

The conference hosted several clinicians from several parts of the Mediterranean (France, Italy, Turkey, Algeria, Greece) that met to discuss several issues, including clinical childhood psychosomatic, acting out, the adolescent psychosomatic, medical psychosomatic. These areas of research will have applications in clinical practice and in psychological research progress with its implementation of knowledge.

Among these possibilities, we might think about the need to study the trend of chronic and disabling diseases in alexithymic processes; the strategies to be adopted to maintain the symbolization processes in cases of reduced

quality of life; improve the quality of patient clinical and report on the fundamental basis of human relationship.

Finally, the possibility to analyze the person according biographical models, which consider the Clinical Psychology a human science that studies the man in the psychic totality, including the psychological well-being and mental health.

We must recognize the Réseau International, the merit of spreading scientific knowledge through the study of projective methods, the ability to bring together international scholars, deepening the capacity to symbolize, that at the opening of the congress, the researcher A. Le Brun (University Lyon 2) treated, the primary forms of symbolization of body and senses.

The Journal MJCP is available to scientist, in clinical research and in the dissemination of scientific knowledge to improve the research on which the clinical psychological discipline.

Reference

Settineri S., Mento C., Rorschach et Méthodes projectives: études et Recheches clinique. Luglio Editore. Trieste 2010.

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